

KALARIYIL DHARMIKAM ASHRAM

DHARMIKAM



“God gives us opportunities
and watches to see what we do with them.”
Sat Guru Hanuman Das

Calendar Events - January

- 1st Happy New Year
- 3rd Ayilyam Naga Pooja
- 14th Ganapathi Homa
1st of Makaram
- 15th Amavasi - New Moon
- 26th Ekadasi
Namajapam for World Peace
- 30th Pournami - Full Moon
- 31st Ayilyam Naga pooja

Karthika Full Moon
Festival of Light for Women

January 2010

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Deepak Vaidya inaugurating the new
Reception Room

VRSHABHAM

In the teachings of Sanatana Dharma the Bull (Vrshabham) is symbolic of Dharma. Our bull Shamboo has moved to his new home opposite the office.



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Ayam me hasto bhagavan

Ayam me bhagavattarah

Ayam me visvabheshajah

Ayam shivabhimarshanah

Rig Veda

My hand is the lord

Boundlessly blissful is my hand

This hand holds all healing secrets

Which maketh whole with its gentle touch



Marma Chikilsa is an ancient Devotional Art of Healing which has been passed down form Guru to Disciple since the time of the great sage Agastya. The Guru is the pivotal character in the system and all treatments are conducted under his direct supervision.

It is a unique and comprehensive system whose aim is the treatment and synchronization of body, mind and soul. Particular emphasis is placed on the treatment of the Marma points “....where the Spirit hinges the matter.” Each treatment begins with the offering of prayers to God and the Guru.

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(Prathinja)

Oath

Having taken Blessing from the Guru the student takes an oath to adhere to the Rules of Dharma. In explaining the essence of Kalaripayattu Swami often says it is simply "Learning to avoid bad people, bad places and bad situations." This Swami illustrates by demonstrating the new students' inability to react to a simple strike and showing a simple sidestep technique in order to avoid same.